



# *Key to Speed*

Unlock Your Guitar Speed in 3 Days

Method by Jason Parker

This method doesn't guarantee you'll be a guitar god in three days, nor does it guarantee you'll double or triple your speed if you're already a monster player. Key to Speed wasn't created for the complete beginner. To avoid injury, make sure you're warmed up before attempting any of these techniques.

## Introduction

This is guitarist Jason Parker. Welcome to my Key to Speed Method.

Inside you'll discover a 3 day program teaching you various legato soloing techniques that will get you humming 16<sup>th</sup>, even 32<sup>nd</sup> notes just like your guitar heroes. Some of the greats who use legato speed techniques are Slash from Guns N' Roses/Velvet Revolver, Joe Satriani, and Steve Vai. Legato, which means "smooth and connected," allows you to play very fast, very easily all over the neck of your guitar once mastered. That's why this method is going to be so much fun.

All of what I'm going to show you is based on hammer-ons and pull-offs, without any focus on your picking hand. Some would call it lazy guitar speed. While techniques like shredding can take years to develop, legato playing is right around the corner for you. 3 days away actually.

It's in my strong opinion that legato speed techniques shouldn't be abused throughout your entire songs or jam sessions, annoying your listeners and bandmates. Rather, solo with blazing speed along with your melodic phrases and riffs. No one likes a guitarist with the head the size of a zeppelin.

On that note, get ready to unlock the Key to Speed in your guitar playing!

## Day 1 -

The first day of Key to Speed, you're going to play one legato speed technique using your 3-note-per-string G Scale in different positions on your fretboard. While increasing your speed dramatically and learning one speed tactic, you'll also be learning your way around your fretboard in the key of G.

### G Scale

Gtr I  
 T  
 A  
 B  
 3 5 7 3 5 7 4 5 7 4 5 7 5 7 8 5 7 8 7 5 8  
 H H H H H H H H H H P P

### Ex 1

Gtr I  
 T  
 A  
 B  
 8 10 12 8 10 12 10 8 12 10 8 10 12 8 10 12 10 8 12 10 8 10 12 13 10 12 14 12 10 13 12 10 12 13  
 H H H H P P P P H H H H P P P P H H H H H H P P P P H H

T  
 A  
 B  
 10 12 14 12 10 13 12 10 12  
 H H P P P P

### Ex 2

Gtr I  
 T  
 A  
 B  
 10 12 14 10 12 14 12 10 14 12 10 12 14 11 12 14 12 11 14 12 10 12 14 11 12 14 12 13 15 13 12  
 H H H H P P P P H H H H H H P P P P H H H H P P

T  
 A  
 B  
 P P H H H H H H P P P P H H H H P P P P

Ex 3

Gtr I  
 T  
 A  
 B  
 H H H H P P P P H H H H P P P P H H H H P P

T  
 A  
 B  
 P P H H H H P P P P H H H H H H P P P P H H H H P

T  
 A  
 B  
 P P P H H H H P P

Ex 4

Gtr I  
 T  
 A  
 B  
 H H H H P P P P H H H H H H P P P P H H H H P P

T  
 A  
 B  
 P P H H H H P P

Ex 5

Gtr I

T  
A  
B

H H H H P P P P H H H H H H P P P P H H H H P P

T  
A  
B

P P H H H H H H P P P P H H H H H H P P P P

Ex 6

Gtr I

T  
A  
B

H H H H P P P P H H H H P P P P H H H H P P

T  
A  
B

P P H H H H H H P P P P H H H H H H P P P P H H H H P P

T  
A  
B

## Day 2 –

Today you're going to learn how to climb with speed, playing 7 notes per string. The first six exercises will be from the A Dorian Mode, the second mode of the G Major Scale. The next four exercises will be a combination of modes and will consist of the legato technique you learned yesterday and the new climbing technique.

### A Dorian Scale

Gtr I  
 T 5 7 8 5 7 9 5 7 9 7 8 10 7 8 10 8 7 10  
 A  
 B 5 7 8 5 7 9 5 7 9 7 8 10 7 8 10 8 7 10  
 H H H H H H H H H H P P

### Ex 1

Gtr I  
 T 10 12 13 12 10 12 13 10 12 14 12 10 12 14 12 10 12 14 12 10  
 A 14  
 B  
 H H P P H H H H P P H H P P H H P P

### Ex 2

Gtr I  
 T 5 7 8 7 5 7 8 5 7 9 7 5 7 9 5 7 9 7 5 7 9 5 7 9 7 5 7 9 11 9 7 9 11 8  
 A  
 B 5 7 8 7 5 7 8 5 7 9 7 5 7 9 5 7 9 7 5 7 9 5 7 9 7 5 7 9 11 9 7 9 11 8  
 H H P P H H H H P P H H H H P P H H H H P P H H P P H H H

T 10 12 10 8 10 12 8 10 12 10 8 10 12 10 8 10  
 A  
 B  
 H P P H H H H P P H H P P

### Ex 3

Gtr I

T  
A  
B

7 9 10 9 7 9 10 7 9 11 9 7 9 11 8 10 12 10 8 10 12 8 10 12 10 8 10 12 10 8

H H P P H H H H P P H H H H P P H H H H P P H H P P

Ex 4

Gtr I

T  
A  
B

17 15 12 15 17 15 12 15 17 15 12 15 17 15 12 17

P P H H P P H H P P H H P P H

Ex 5

Gtr I

T  
A  
B

5 7 8 7 5 7 8 5 7 9 7 5 7 9 7 9 10 9 7 9 10 7 9 11 9 7 9 11 10 12 13 12 10 12

H H P P H H H H P P H H H H P P H H H H P P H H H H P P H H

T  
A  
B

10 12 14 12 10 12 14 12 10 13 14

H H P P H H P P

Ex 6

Gtr I

T  
A  
B

5 7 8 7 5 7 8 5 7 9 7 5 7 9 5 7 9 7 5 7 9 5 7 9 7 5 7 9 7 8 10 8 7 8

H H P P H H H H P P H H H H P P H H H H P P H H H H P P H H



### Day 3 –

By now you should have gained some serious speed. Today, the last day of this program, is going to be tougher. The first four exercises will consist of climbing and string skipping off the Am Scale. After that, you'll take on some impressive cut-through monster speed runs, containing hammer-ons, pull-offs, and slides (symbol for slide: *s/*).

#### Am Scale

Musical notation for the Am Scale exercise. It consists of a treble clef staff with a 4/4 time signature. The melody is written in a single line. Below the staff are three bass lines labeled T (Treble), A (A), and B (Bass). The T line contains a sequence of notes: 5, 7, 8, 5, 7, 8, 5, 7, 9, 6, 8, 10, 7, 8, 10, 8, 7, 8. The A line contains a sequence of notes: 5, 7, 8, 5, 7, 8, 5, 7, 9, 6, 8, 10, 7, 8, 10, 8, 7, 8. The B line contains a sequence of notes: 5, 7, 8, 5, 7, 8, 5, 7, 9, 6, 8, 10, 7, 8, 10, 8, 7, 8. The exercise is marked with 'Gtr I' and includes hammer-on (H) and pull-off (P) symbols.

#### Ex 1

Musical notation for Exercise 1. It consists of a treble clef staff with a 4/4 time signature. The melody is written in a single line. Below the staff are three bass lines labeled T (Treble), A (A), and B (Bass). The T line contains a sequence of notes: 8, 10, 12, 10, 8, 8, 10, 12, 10, 8, 8, 10, 12, 10, 8, 8, 10, 12, 10, 8. The A line contains a sequence of notes: 7, 9, 10, 10, 9, 7, 9, 10, 10, 9, 7, 9, 10, 8, 10, 12, 10, 8. The B line contains a sequence of notes: 7, 9, 10, 10, 9, 7, 9, 10, 10, 9, 7, 9, 10, 10, 9, 7, 9, 10. The exercise is marked with 'Gtr I' and includes hammer-on (H) and pull-off (P) symbols.

#### Ex 2

Musical notation for Exercise 2. It consists of a treble clef staff with a 4/4 time signature. The melody is written in a single line. Below the staff are three bass lines labeled T (Treble), A (A), and B (Bass). The T line contains a sequence of notes: 5, 7, 9, 7, 5, 5, 7, 9, 7, 5, 5, 7, 9, 7, 5, 6, 8, 10, 8, 6, 9, 7, 5, 7, 9. The A line contains a sequence of notes: 5, 7, 9, 7, 5, 5, 7, 9, 7, 5, 5, 7, 9, 7, 5, 6, 8, 10, 8, 6, 9, 7, 5, 7, 9. The B line contains a sequence of notes: 5, 7, 8, 5, 7, 9, 7, 5, 5, 7, 9, 7, 5, 5, 7, 9, 7, 5, 6, 8, 10, 8, 6, 9, 7, 5, 7, 9. The exercise is marked with 'Gtr I' and includes hammer-on (H) and pull-off (P) symbols.

Musical notation for Exercise 3. It consists of a treble clef staff with a 4/4 time signature. The melody is written in a single line. Below the staff are three bass lines labeled T (Treble), A (A), and B (Bass). The T line contains a sequence of notes: 8, 10, 8, 7, 8, 10, 12, 10, 8, 8, 10, 12, 10, 8, 10. The A line contains a sequence of notes: 10, 9, 7, 9, 10, 10, 9, 7, 9, 10, 10, 9, 7, 9, 10. The B line contains a sequence of notes: 10, 9, 7, 9, 10, 10, 9, 7, 9, 10, 10, 9, 7, 9, 10. The exercise is marked with 'Gtr I' and includes hammer-on (H) and pull-off (P) symbols.

#### Ex 3

Gtr I

T 8 10 12 10 8 10 9 7 9 10 8 10 12 10 8 10 12 13 12 10 12 10 9 10 12

A 7 9 10 12 10 9 10 12

B H H H H P P P P H H H H P P P P H H H H P P P P H H H

T 12 13 12 10 12 13 15 13 12 12 13 15 13 12 17

A 14 12 10 12 14 14 12 10 12 14

B H P P P P H H H H P P P P H H H H P P

Ex 4

Gtr I

T 6 8 10 8 6 7

A 5 7 9 7 5 8 7 5 7 8 5 7 9 7 5 9 7 5 7 9 9 7 5 7 9

B 5 7 8 H H H H P P P P H H H H H H P P P P H H H H H

T 8 10 8 7 8

A

B H P P

4 Cut-through Monster Speed Runs

Ex 1

T 5 7 8 7 5 7 8 7 5 7 8 10 8 7 8 10 8 7 8 10 12 10 8 10 12 10 8 12 10 8 10 12 10 8 7

A

B H H P P H H P P sl H H P P H H P P sl H H P P H H P P P P H H P P sl H

T 8 10 8 7 8 10 8 7 5 7 8 7 5 7 8 7 5  
 A  
 B H P P H H P P sl H H P P H H P P

Ex 2

T 3 5 7 5 3 5 7 3 5 7 5 3 5 7 1 5 7 5 4 5 7 9 7 5 7 9 5 7 9 7 5 7 9 7 8  
 A  
 B H H P P H H H H P P H H H H P P sl H H P P H H H H P P H H H H

T 10 8 7 8 10 7 8 10 8 7 8 10  
 A  
 B P P H H H H P P H H

Ex 3

T 3 5 7 5 3 5 7 3 5 7 5 3 5 7 1 5 7 5 4 5 7 9 7 5 7 9 5 7 9 7 5 7 9 7 8  
 A  
 B H H P P H H H H P P H H H H P P sl H H P P H H H H P P H H H H

T 10 8 7 8 10 12 10 8 10 12 8 10 12 10 12 10 8 10 12  
 A  
 B P P sl H H P P H H H H P P H H

Ex 4

T 3 5 7 5 3 5 7 3 5 7 5 3 5 7 9 7 5 7 9 5 7 9 7 5 7 9 5 7 9 7 5 7 9 11 9  
 A  
 B H H P P H H H H P P sl H H P P H H H H P P sl H H P P

**T**  
 7 9 11 8 10 12 10 8 10 12 8 10 12 10 8 10 12 14 12 10 12 14 12 10 12 14

**A**  
**B**  
 H H H H P P H H H H P P sl H H P P H H P P H H

## Bonus Day -

Didn't think I'd leave you hanging did you? The purpose of this bonus day is to get out of the realm of soloing fast with legato and move toward developing speed with your picking hand as well. Here are 5 difficult guitar soloing exercises based on the G Scale.

Ex 1

Ex 1

Ex 2

Ex 2

Ex 3

Ex 3

Ex 4



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